





# TOP SELLERS



Gluten Free



Gluten Free



Gluten Free



Gluten Free  
Can be Made Vegan



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Nutrition Facts	
8 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (28g)</b>
Amount Per Serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 260mg	<b>10%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	<b>6%</b>
Vitamin D 0%	Potassium 4%
Calcium 2%	Iron 8%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Dehydrated potato cubes, potato flakes, corn, **chicken base** (Real Salt™, onion, garlic, dried chicken, natural chicken broth, celery, turmeric, herbs, black pepper, hawthorn berry, nutritional yeast), onion, potato flour, carrot, celery, garlic, curry, herbs & spices.

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (43g)</b>
Amount Per Serving	
<b>Calories</b>	<b>140</b>
% Daily Value*	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 310mg	<b>13%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 10g	<b>36%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	<b>16%</b>
Vitamin D 0%	Potassium 10%
Calcium 6%	Iron 25%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Small white beans, orca beans, white rice, **chicken base** (Real Salt™, onion, garlic, dried chicken, natural chicken broth, celery, herbs, turmeric, black pepper, hawthorn berry, nutritional yeast), garlic, corn, onion, bell pepper, chili powder, jalapeño, cilantro.

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (42g)</b>
Amount Per Serving	
<b>Calories</b>	<b>140</b>
% Daily Value*	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 7g	<b>25%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 0%	Potassium 10%
Calcium 8%	Iron 15%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Pinto bean, greatnorthern bean, **vegetarian beef flavor** (Yeast extract, non hydrogenated vegetable oil, onion, vegetable extracts [contain celery seed oleoresin & mustard oil], garlic, Real Salt™, tomato, bell pepper, celery, herbs, rice hull, black pepper), **chicken base** (Real Salt™, onion, potato, garlic, dried chicken, natural chicken broth, celery, herbs, black pepper, hawthorn berry, nutritional yeast), herbs & spices, carrot, jalapeño & bell pepper.

Nutrition Facts	
8 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (30g)</b>
Amount Per Serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	<b>4%</b>
Vitamin D 0%	Potassium 10%
Calcium 2%	Iron 8%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Dehydrated potatoes, carrot, garlic, **chicken base** (Real Salt™, onion, garlic, dried chicken, natural chicken broth, celery, herbs, turmeric, black pepper, hawthorn berry, nutritional yeast), onion, potato flour, celery, herbs & black pepper.

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (32g)</b>
Amount Per Serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 7g	<b>25%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 7g	<b>14%</b>
Vitamin D 0%	Potassium 6%
Calcium 2%	Iron 10%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Pardina lentils, brown rice, herbs and spices, dehydrated carrots, **vegetable base** (yeast extract, vegetable extracts [contains celery seed, oleoresin and mustard oil], herbs and spices, Real Salt™, potato flour, bell pepper, tomato & ground rice hull), dehydrated carrots, dehydrated celery and Real Salt™.

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (36g)</b>
Amount Per Serving	
<b>Calories</b>	<b>120</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 110mg	<b>5%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 9g	<b>32%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 7g	<b>14%</b>
Vitamin D 0%	Potassium 10%
Calcium 4%	Iron 15%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Mixed beans, split peas, dehydrated vegetables (carrots, celery, potatoes, bell peppers, tomato), black pepper, **vegetarian beef flavor** (Yeast extract, non hydrogenated vegetable oil, onion, vegetable extracts [contain celery seed oleoresin & mustard oil], garlic, Real Salt™, tomato, bell pepper, celery, herbs, rice hull, black pepper), herbs & spices.

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (24g)</b>
Amount Per Serving	
<b>Calories</b>	<b>80</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 100mg	<b>4%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	<b>4%</b>
Vitamin D 0%	Potassium 4%
Calcium 2%	Iron 8%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Barley, mushroom, celery, carrot, **vegetarian beef flavor** (Yeast extract, non hydrogenated vegetable oil, onion, vegetable extracts [contain celery seed oleoresin & mustard oil], garlic, Real Salt™, tomato, bell pepper, celery, herbs, rice hull, black pepper), herbs & spices.

Nutrition Facts	
9 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (24g)</b>
Amount Per Serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0%	Potassium 4%
Calcium 2%	Iron 10%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** White rice, bell peppers, onion, garlic, chili powder, **vegetarian beef flavor** (Yeast extract, non hydrogenated vegetable oil, onion, vegetable extracts [contain celery seed oleoresin & mustard oil], garlic, Real Salt™, tomato, bell pepper, celery, herbs, rice hull, black pepper), dehydrated celery, crushed red pepper, herbs & spices,

Nutrition Facts	
8 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (60g)</b>
Amount Per Serving	
<b>Calories</b>	<b>200</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 37g	<b>13%</b>
Dietary Fiber 11g	<b>39%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0%	Potassium 15%
Calcium 6%	Iron 20%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Pinto beans, Jacob Cattle beans, red beans, onion, garlic, Real Salt™, black pepper, herbs & spices.

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (43g)</b>
Amount Per Serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 310mg	<b>13%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 11g	<b>39%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>20%</b>
Vitamin D 0%	Potassium 2%
Calcium 2%	Iron 20%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Brewers lentils, pardina lentils, red chief lentils, dehydrated bell peppers, onion, garlic, herbs and spices, Real Salt™, and black pepper.

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (44g)</b>
Amount Per Serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 120mg	<b>5%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 7g	<b>25%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 0%	Potassium 10%
Calcium 4%	Iron 15%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Black beans, small white beans, small red beans, yellow split peas, bell pepper, herbs and spices, sweet potato and **vegetarian beef flavor** (Yeast extract, non hydrogenated vegetable oil, onion, vegetable extracts [contain celery seed oleoresin & mustard oil], garlic, Real Salt™, tomato, bell pepper, celery, herbs, rice hull, black pepper)

Nutrition Facts	
10 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (47g)</b>
Amount Per Serving	
<b>Calories</b>	<b>160</b>
% Daily Value*	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 28g	<b>10%</b>
Dietary Fiber 12g	<b>43%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	<b>18%</b>
Vitamin D 0%	Potassium 10%
Calcium 6%	Iron 30%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Small white beans, jacob cattle bean, orca beans, **chicken base** (Real Salt™, onion, garlic, dried chicken, natural chicken broth, celery, herbs, turmeric, black pepper, hawthorn berry, nutritional yeast), chili powder, onion, garlic, cumin, bell pepper and oregano.

Nutrition Facts	
8 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (30g)</b>
Amount Per Serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 530mg	<b>23%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	<b>4%</b>
Vitamin D 0%	Potassium 4%
Calcium 2%	Iron 10%

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**Ingredients:** Dehydrated potato cubes, potato flake, dehydrated celery leafstalk, dehydrated carrot, potato flour, herbs and spices, Real Salt™ and black pepper.

Nutrition Facts	
8 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (31g)</b>
Amount Per Serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 480mg	<b>14%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	<b>6%</b>
Vitamin D 0%	Potassium 6%
Calcium 2%	Iron 10%

\*The % Daily Value (DV) tells you how much a nutrient is a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Dehydrated potatoes, **chicken base** (Real Salt™, onion, garlic, dried chicken, natural chicken broth, celery, herbs, turmeric, black pepper, hawthorn berry, nutritional yeast), carrot, onion, celery, bell pepper, garlic, cumin, jalapeño, herbs, & black pepper.

Nutrition Facts	
8 Servings Per Container	
<b>Serving Size</b>	<b>1 cup (27g)</b>
Amount Per Serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 480mg	<b>21%</b>
<b>Total Carbohydrate</b> 18g	<b>7%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars <1g	
Includes 0g Added Sugars	
<b>Protein</b> 4g	<b>6%</b>
Vitamin D 0%	Potassium 2%
Calcium 2%	Iron 15%

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**Ingredients:** Spaetzle (Durum wheat semolina, eggs), **Chicken Base** (Real Salt™, onion, garlic, dried chicken, natural chicken broth, celery, turmeric, herbs, black pepper, hawthorn berry, nutritional yeast), onion, carrot, garlic and herbs. **CONTAINS EGGS & WHEAT.**



Family Size Soup  
Unit Net Weight 7.25 oz  
Case Weight 7.2 lbs



Family Size Soup  
Unit Net Weight 15.5 oz  
Case Weight 12.4 lbs



Family Size Soup  
Unit Net Weight 14 oz  
Case Weight 12.4 lbs



Family Size Soup  
Unit Net Weight 7 oz  
Case Weight 7.8 lbs



Family Size Soup  
Unit Net Weight 12.7 oz  
Case Weight 11 lbs



Family Size Soup  
Unit Net Weight 12 oz  
Case Weight 10.6 lbs



Family Size Soup  
Unit Net Weight 8.5 oz  
Case Weight 7.8 lbs



Family Size Soup  
Unit Net Weight 8 oz  
Case Weight 7.8 lbs



Family Size Soup  
Unit Net Weight 14 oz  
Case Weight 13 lbs



Family Size Soup  
Unit Net Weight 15 oz  
Case Weight 12.6 lbs



Family Size Soup  
Unit Net Weight 14 oz  
Case Weight 13.7 lbs



Family Size Soup  
Unit Net Weight 15.5 oz  
Case Weight 13.3 lbs



Family Size Soup  
Unit Net Weight 7.7 oz  
Case Weight 7.8 lbs