- 1 Check the package to see how much water you will need.
- Put the entire Rill's Specialty Foods soup and the correct
 amount of water in a bowl with a tight fitting lid. Then heat in microwave for 10 minutes on HIGH.
- After 10 mintues, stir the soup and return to microwave at 1/2 power for 25 minutes. Once lentils are tender add any tomato sauce or precooked meat.
- 4 Heat for 2-3 more minutes on high to heat through.

5 Garnish and serve